

## *Personal Development Solutions, L.L. C.*

*Sharing Proven Strategies for **Success!**™*

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Rita Williams-Bogar enjoyed 25 successful years in corporate America working in the insurance industry but wanted to be her own boss. As founder of Personal Development Solutions, LLC, she does what she loves.

An award-winning dynamic speaker and facilitator, Rita provides custom workshops and consults with organizations and individuals on leadership development, emotional intelligence, ethics, diversity, and insurance education. She is also on the faculty at Montclair State University, William Paterson University, Bergen Community College and others. Rita is a preferred training provider for the New Jersey Civil Service Commission and the New Jersey Community College Consortium.

Using a client-centered approach, Rita provides workshops, webinars, and sessions custom tailored to her clients' needs. Her mission is to share proven strategies to better leverage individuals' talents and skills to reach their full potential. Her topics include:

- ❖ *Breaking Down Virtual Walls: Leading and Motivating Remote Team Members*
- ❖ *Diversity, Equity, and Inclusion – Unconscious Bias*
- ❖ *Critical Thinking Skills*
- ❖ *Managing Conflict*
- ❖ *Strategic Thinking and Planning*

Rita has been recognized as a **2015 Alumni Achievement Awardee** of Bryant University, by New Jersey Monthly as a **2013 Finalist – NJ Leading Women Entrepreneurs and Business Owners**, by NJBIZ as one of **New Jersey's 2011 Best 50 Women in Business** and by the U.S. Small Business Administration as the **2011 Region II Minority Small Business Champion of the Year**. She is a contributing author to the book – *Big Bold Business Advice*.

Her **TEDx** talk, “Surpassing Your Personal Best” was well received.

Rita is actively involved in her community, serving on numerous boards: Bryant University's Board of Trustees, where she chairs the Diversity, Equity, & Inclusion Committee; President, Bryant's National Alumni Council; Rosedale Cemetery's Board of Managers. She is a former member the CPCU Society's Global Leadership Council; past president of the National Coalition of 100 Black Women, Inc. Bergen/Passaic Chapter; and past State Vice President, Diversity, New Jersey Association of Women Business Owners.

An avid golfer and runner, Rita enjoys traveling and spending time with her extended family.